

# **Mountview Road School**

## ***Red Ribbon Week Theme Days***

**Monday 10/23 - “Proud to be Drug Free”**

Wear red for national Red Ribbon Day

**Tuesday 10/24 - “Turn the Lights Out on Drugs”**

Wear your PJs to school

**Wednesday 10/25 - “Team Up for Healthy Choices”**

Wear your favorite team jersey

**Thursday 10/26 - “Hats Off for Healthy Choices”**

Wear a hat to school

**Friday 10/27 - “In the Spirit of Healthy Choices”**

Wear school spirit wear

### **Additional Information/Activities:**

-**3rd grade** students will receive a “Contract for a Healthy Life” to sign along with a coloring book and parent resource information sheet about the contract. Students will review the contract in class during their character education period and parent information will be sent home.

-**4th grade** students will participate in a folder contest in which each student will design artwork based on the theme of “Fun Things to do Instead of Doing Drugs”. The activity will occur during art class.

-**5th grade** parents will receive an educational poster containing information and resources in support of making healthy choices.